NOVEMBER

MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 General Tso Chicken General Tso Tofu Vegetable Lo Mein Steamed Green Beans	**3** Turkey Meatballs Quinoa Cauliflower Meatballs Marinara Sauce Toasted Farro Roasted Butternut Squash	**4** Chicken Garlic Parmesan Chickpea Nuggets Mashed Sweet Potatoes Cheesy Broccoli	**5** Pasta with Alfredo Sauce Fusilli with Peas & Broccoli Honey Roasted Carrots Garlic Bread	**6** Grilled Cheese Grilled Vegetable Panini Roasted Potato Wedges Roasted Cauliflower
9 Mojo Chicken Mojo Portobello Sweet Plantain Sauteed Spinach	**10** Cheese Tortellini with Tomato Cream Sauce Pasta with Roasted Vegetables Roasted Brussel Sprouts Rosemary Focaccia	**11** Teriyaki Chicken Teriyaki Tofu Edamame Vegetable Fried Rice	**12** Beef Chili Lentil and Vegetable Chili Sauteed Broccoli Brown Rice & Quinoa	**13** Chicken Tikka Sweet Potato Chana Peas & Carrots Basmati Rice
16 Chicken Tinga Chipotle Roasted Tofu Tomato & Cilantro Rice Roasted Confetti Corn	**17** Baked Ziti Penne Pasta with Broccoli Sauteed Mixed Greens Garlic Bread	**18** Baked Salmon with Roma Sauce Roasted Cauliflower with Roma Sauce Garlic Rosemary Potatoes Roasted Carrots	**19** Chicken Tenders Lentil Nuggets Lemon Garlic Green Beans Roasted Corn on the Cob	**20** Cheese Pizza Pepperoni Pizza Spinach & Ricotta Pizza Sauteed Broccoli
23 Mediterranean Chicken Gyro Grilled Vegetable Pita Quinoa Tabbouleh Grilled Pita Bread Tomatoes, Lettuce, Tzatziki	**24** Roasted Turkey Breast with Turkey Gravy Herb Roasted Tofu with Veggie Gravy Mashed Potatoes Roasted Brussels Sprouts with Butternut Squash Cornbread Stuffing Cranberry Sauce	**25** Thanksgiving Break School Closed	**26** Thanksgiving Break School Closed	**27** Thanksgiving Break School Closed

In addition to our daily menu, we offer plain pasta with marinara sauce on the side, a build-your-own salad and sandwich bar, composed salads and sandwiches, and gluten-free options available every day.

ELIOR NORTH AMERICA